Intensive Dietary Management Program

Dr. Jason Fung’s Website

Dr. Fung has a new website featuring information, patient resources and videos on his “Aetiology of Obesity” and “Intensive Diabetes Dietary Management” programs.

http://www.kidneylifescience.ca/drjasonfung

The Aetiology of Obesity

The Aetiology of Obesity program is dedicated to finding out nutritional truths and falsehoods. We explore the root causes of obesity and its link to diabetes as well as heart disease and cancer. Many widely held truths about health and nutrition are exposed as frauds and new truths are re-discovered.

There are several freely available resources, use the tab above to select the section that you want to explore:

1. The Aetiology of Obesity six part lecture series
2. Videos – several documentaries about obesity and its causes
3. Patient Resources
4. Recommended Books and Websites
5. Discussion Forum

Intensive Dietary Management

The Intensive Diabetes Dietary Management clinic is designed not merely to manage diabetes but to cure it. Furthermore, it is done without drugs, without surgery, and without cost. It starts with the realization that Type 2 Diabetes is a dietary disease and the treatment by necessity is dietary. Drugs and surgery are not the answer to Type 2 Diabetes and while they may improve the symptoms of high blood glucose, may make diabetes worse.

Please Visit Dr. Fung’s Website
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There are several freely available resources, select from the tabs above:

1. Insulin Toxicity Lecture
2. Videos – documentary about fasting and obesity
3. Patient Resources – blood sugar flow sheets
4. Recommended Books and Websites
5. Discussion Forum

Blog

Starting later on this summer Dr. Fung will start posting additional information in his blog. You can subscribe to the blog and receive e-mail updates of new blog posts simply by entering your name and e-mail address. You will receive an e-mail asking you to confirm your address before you will start receiving updates. You may unsubscribe at any time.